Socialisation & Habituation Checklist

This checklist suggests some things which you can introduce Pup to. Don't worry if you can't access all these items – don't even try to, just use your imagination to add on new people, places and things. Variety is the key, and the list doesn't need to be exhaustive. Remember, don't over expose Pup. Short frequent exposures are better. If you think something is likely to be scary, then get someone to distract Pup with a toy and introduce at a distance, which is then gradually be reduced each time.
Tick off the items each time you add them into Pup's diary.

Household items						**Outside Items**					
Hoover						Bin Bags & Bin					
Washing Machine						Blowing Carrier Bags / Boxes					
Tumble Drier						Garage Door					
Dish Washer						Car					
Broom & Mop						Motor Bike					
Duster						Cycle					
Iron & Ironing Board						Traffic cones					
Door Bell						Road Signs					
Keep fit equipment						Bus Stops					
Cooking equipment						Clothes Line / Pole					
Music & TV & Movies											
Dropped pots											
Garden Items						**Outside Areas**					
Lawn Mower						Car boot sale					
Hedge Trimmer						School					
Strimmer						Pub					
Spade Hoe Fork						Pet shop					
Shed						Supermarket					
Greenhouse						Garage					
Garden Toys											
People						**Animals**					
Men						Other dogs					
Women						Other pups					
Babies						Pet rabbits					
Girls						Pet Cats					
Boys						Pet Budgie					
Teenagers						Horses					
Policeman						Sheep					
Lollypop person						Cattle					
Skateboarders											
Bin men											
Postman											